

## **Hazard Evaluation System and Information Service**

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## "If I'm Pregnant, Can the Chemicals I Work With Harm My Baby?"

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## "If I'm Pregnant, Can the Chemicals I Work With Harm My Baby?"

If you are pregnant, or planning a pregnancy, you may worry that exposure to chemicals at work will harm your baby. Concern about workplace chemicals is understandable, especially since doctors encourage women not to expose the baby to other chemicals such as those found in tobacco smoke and alcohol. Most women probably don't need to worry. But if you use chemicals often at work, you should get more information about them.

This factsheet will help you sort out what to do when you are concerned about workplace hazards to pregnancy and tells you what information you need to gather.